

## Welcome

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### Friday

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*Sign up for massage, healing and private reading sessions; some time slots are available Friday evening*

- 5:30 ..... Walking tours of class locations
  - 6:00 ..... Social & Welcome
  - 6:30 ..... Banquet
  - ~8:00 ..... Group activities and social time; practitioner sessions; free time, campfire (*weather permitting*), snacks/games in Dining Hall
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### Saturday

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*Sign up for massage, healing, and private reading sessions throughout the day*

- 6:30 am ..... Early morning yoga
  - 7:30-8:15 am ..... Breakfast
  - 8:30-11:45 am ... Classes (*choice of two 1.5-hr classes or one 3-hr class*)
  - 12:15-1:00 pm ... Lunch
  - 1:15-4:30 pm ..... Classes (*choice of two 1.5-hr classes or one 3-hr class*)
  - 5:30 pm ..... Social followed by 6:00 Dinner
  - ~8:00 pm ..... Evening activities, free time, practitioner sessions, drum circle, campfire (*weather permitting*), snacks/games in Dining Hall
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### Sunday

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*Massage, healing, and private reading sessions throughout the morning*

- 6:30 am ..... Early morning yoga
- 7:30-8:15 am ..... Breakfast
- 8:30-11:45 am .... Classes (*choice of two 1.5-hr classes or one 3-hr class*)
- 12:15 pm ..... Lunch & closing

*Safe Travels!*